



# CIOR/CIOMR SUMMER CONGRESS 2019

4.–10. August, 2019 Tallinn, Estonia

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To be a valuable leader  
when your country needs you

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INTERALLIED CONFEDERATION  
OF RESERVE OFFICERS

<http://cior.net/>



INTERALLIED CONFEDERATION  
OF MEDICAL RESERVE OFFICERS

<https://ciomr.org/>



THE ESTONIAN RESERVE  
OFFICERS' ASSOCIATION

<https://www.erok.ee/en>



Generals, Admirals, CIOR officers and non-commissioned officers,

Welcome to Tallinn and the CIOR annual summer congress.

It is an honour for the Estonian Defence forces to host the CIOR congress, which includes seminars, group discussions and exercises, as well as military sports events. We are extremely proud that CIOR – the leading military reserve forces organisation in the world, representing more than a million reservists from 34 countries – is having its summer congress in Tallinn.

Estonia is one of the few nation members of CIOR and NATO whose defence model is based almost entirely on its reserve force. For a small country, this is the only way to survive and counter threats. Every single day we encounter military, social and economic issues facing the reserve forces. We are willing to share our experiences as well as learning from others.

I hope that during the week you spend here, you will share knowledge with each other and have a successful CIMIC exercise and Military Competition, but also spend some time getting acquainted with Estonia and its defence model.

Good luck with the congress, seminars, exercises and military competition!

Martin Herem  
Major General  
Chief of Defence of Estonia



My fellow Summer Congress 2019 participants,

On behalf of the Reserve Officers of the Republic of Estonia, I am very pleased and honoured to welcome you to Estonia's historic capital, Tallinn. Here on the shores of the Baltic Sea, history can be seen in all its glory.

We await you in late July and early August 2019, to participate in our joint and traditional event. Just as, Col Christopher Argent, the CIOR President eloquently described in his welcoming address, with over 600 participants expected, it will be a truly exciting meeting of reservists from around the world here in Tallinn.

I can assure that the organizing committee has done an exemplary job and we are very ready to receive you. The event is

full of exciting sports events, intense language courses, various interesting work groups, all culminating in our annual symposium. I also hope you will find the time to familiarize yourself with our fascinating city, meet the people, enjoy the culture and get a further understanding of our national defence system. Ours is a history that spans the Hanseatic League to our modern E-nation; enjoy the essence of our unique country.

I believe that with our shared work, values and social activities our ties will strengthen and will further us in our common goals.

I look forward to meeting you this summer and on behalf of all of the organizers – welcome you to Estonia and a fruitful as well as enjoyable Summer Congress 2019 in Tallinn.

Lieutenant Colonel Toomas Luman  
Vice-president of CIOR, Chairman of the Supervisory Council of EROA



Admirals, Generals and fellow officers of the Reserves

Welcome to the Summer Congress of CIOR and CIOMR being held this year in Tallinn Estonia. I take this opportunity to thank my Estonian colleagues for the efforts I know they have made and the considerable resources they have mobilised to ensure this is a successful and productive event for all participants.

There is an intense programme of work for all areas of interest and committees within CIOR, and I hope everyone who attends the Congress will make every effort both to contribute to and benefit from the proceedings. The role of Reserves in Defence and in particular within the NATO Alliance has changed radically over recent years and Reserves now constitute half of the mobilised strength of the Alliance. Reserves are no longer

considered to be the Forces of last resort, they are indispensable and many of our National Defence Forces could not operate without their Reserve component. This is no more evident than in some of the specialisms in which this Congress is involved, namely Cyber CIMIC and indeed Medical activities in which our colleagues CIOMR lead. Bringing the talents of the "Twice a Citizen" Reservist to the Military is no more evident than in the area of the Young Reserve Officer of whatever Service or discipline.

This transformation in the role of Reservists in our National and International Defence Posture imposes upon us all as Reservists obligations of which we all need to be aware : let us all be clear that our attendance at this Summer Congress means we assume a collective responsibility above personal interest to contribute and to justify the confidence placed in us by our nations. It is an honour for all of us to serve and in so doing ensure the continuance of peace within the Alliance in the 21st Century, and in so doing contribute to World Security and to ensuring the kind of catastrophic conflict that so characterised the 20th Century is avoided. It is important too that as a representative body for Reservists we in CIOR, with our colleagues in both CIOMR and CISOR, present a strong and united viewpoint of the Reserves' community which is clearly understood by NATO, our colleagues in the National Reserve Forces Committee and national Chains of Command.

There could be no better location in which to hold this year's Summer Congress than Estonia, it embodies the very best principles of NATO at the very Eastern Edge of the Alliance and illustrates the ability of multinational forces to work and indeed live together as a very strong commitment and signal of the intent to challenge any threat to World Peace.

Once again I welcome you to Estonia and I wish every one of you a successful and productive Summer Congress, in whatever capacity you might be attending.

Colonel Christopher Argent  
President  
Confederation Interalliee des Officiers de Reserve /  
Interallied Confederation of Reserve Officers





Admirals, Generals, Officers, colleagues, friends and guests,

The CIOMR welcomes you in Tallinn, Estonia, for our Summer Congress 2019 and I hope to see you all.

First of all, I would like to give a special thanks to our Estonian friends who are taking care of this challenging organization. I personally know all the efforts they have put in this task that will allow us to have a great stay in the gorgeous Estonia.

It will be a great pleasure for me to meet many new people and, even more, to see again my dear colleagues and friends who, like me, have been taking part in these meetings for many years.

As always, in this Summer Congress, during the Italian Presidency, CIOMR will work hard to reach its targets:

- the updating of knowledge,
- the standardization of the operating procedures,
- the sharing of experiences among officers of the Medical Corps of our NATO member countries.
- the connection between civilian expertise and military skills in medical field

Together with CIOR, CIOMR contributes to the preparation of our Reserve Officers, a reserve that is increasingly involved in various international scenarios. From my point of view, as International President, along with my staff, I will put all my efforts in order to reach our goals and to give the highest standards of “deliverables” to our stakeholders.

I wish you a great Summer congress in this wonderful city.

Major Silvano FERRACANI, M.D.  
Cardiologist  
Italian Red Cross Military Corps,  
CIOMR International President

**CIOR** (Confédération Interalliée des Officiers de Réserve) is the Inter-allied Confederation of Reserve Officers. It consists of NATO member states and other participating nations with 34 countries in total, representing 1.3 million reservists. CIOR is the world's largest military reserve officers' organization.

**CIOMR** (Confédération Interalliée des Officiers Médicaux de Réserve) is an association, which brings together medical reservists and works with the COMEDS committee formed by the Heads of Medical Services of NATO member countries.





## CIOR/CIOMR SUMMER CONGRESS 2019 (SC19) TALLINN, ESTONIA

### INTRODUCTION

Under the CIOR and CIOMR Executive Councils, the 2019 Summer Congress (SC19) will be held in Tallinn, Estonia. This annual gathering will contribute to the continuing purpose of CIOR/CIOMR by forging links between reserve officers, sharing best practices, developing viewpoints on reserve issues in support of the NATO alliance, and fostering reserve officer professional development.

### AIM

These instructions will serve as a general guide to all participants of the various committees, working groups, and activities occurring at the SC19. This instruction is not intended to provide detailed information about the various committees' working sessions, workshops, the symposium, the Young Reserve Officers Workshop (YROW), the Language Academy (CLA), the Civil-Military Cooperation Exercise (CIMEX) or the Military Competition (MILCOMP). That detailed information may be requested from the various officials associated with those activities.

*CIOR SC18 Quebec*



## PRACTICAL INFORMATION ABOUT ESTONIA



The climate in Estonia is temperate, characterized by warm summers and fairly severe winters. The weather is often breezy and humid due to the proximity of the Baltic Sea. Average temperatures range from + 20C in summer (July is the hottest month) to -8C in winter. Although occasionally the temperatures may rise to more than +30C in summer or sink below -30C in winter, it is very unusual at our latitude.

Official language is Estonian which belongs to the Finno-Ugric language group. English, Finnish and Russian are widely spoken.

Estonia is in the Eastern European Time Zone: GMT +2 hours.

The local currency is EURO. Major credits cards are accepted at hotels, restaurants, shops and all banks.

Calls to Estonia: the country code for Estonia is +372. Calls from Estonia: Calls from Estonia: Dial OO + the country code + area code + the subscriber's number.

Estonia is a part of the Schengen visa zone. Nationals of the European Union (EU), the European Economic Area (EEA) and any third-country national holding a residence permit of a Schengen State do not need a visa to enter Estonia. The required travel document for entry is a national ID card or passport.

Department stores and shopping centres are open between 9.00 and 21.00 from Monday to Sunday. Smaller shops are usually open from 10.00 until 19.00 on weekdays and on weekends.

The electricity supply in Estonia is 220 volts AC, 50 Hz. European-style 2-pin plugs are in use.

As a general rule, free WIFI Internet access is available in all Estonian accommodation establishments and educational institutions.

In case of an emergency call 112.

## GENERAL INFORMATION ABOUT Sc19

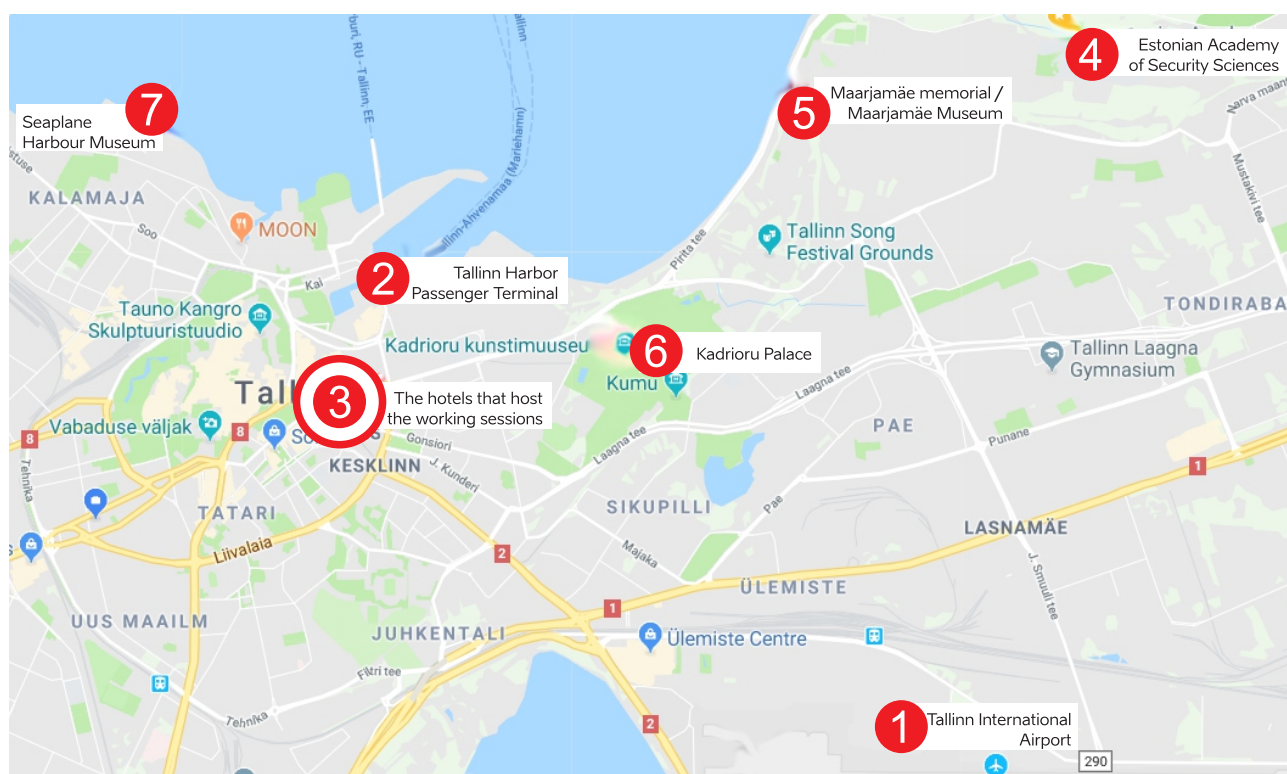
Congress activities will be conducted at one main location - Tallinn, Estonia, will be the site of committee working sessions, workshops, the symposium, the CLA, the CIMEX and the major ceremonial and social activities, as well as the MILCOMP. The Committees' working sessions, workshops and the Symposium will generally operate in a self-sufficient manner under the overall direction of the Executive Council in accordance with the Master Events List, available on SC19 website [www.cior.erok.ee](http://www.cior.erok.ee)

## ADMINISTRATIVE AND LOGISTICAL SUPPORT

Participants are to carefully consider the following information when making personal preparations. Further information can be obtained by contacting congress organisers as required.

1 - Air travellers should arrive at Tallinn International Airport (TLL). The Airports Council International (ACI) recognised Tallinn Airport with the Best European Airport 2018 award. Airport bus and tram stops are located at the city side of the passenger terminal. Single journey tickets can be bought from the driver and cost 2 €. The journey to the city centre takes approximately 15-17 minutes. A Taxi stand is also just outside the departure hall. The fare from the airport to the city centre is about €5 to €10. Google Maps is handy helper when needed, UBER and Bolt are also available.

2 - Ferries arrive directly to the Tallinn Harbour Passenger Terminal, which are located in the city centre and 10min walking distance from the SC19 hotel area. Ferries cross the Gulf of Finland between Tallinn and Helsinki several times a day, covering the distance in roughly 2 to 3 hours. Ferries between Tallinn and Stockholm depart every evening, with the trip taking approximately 15 hours.





Departure. As with arrival, CLA, CIMEX and MILCOMP participants must provide their departure information during registration. All other participants leaving downtown Tallinn must coordinate their own transport to the appropriate departure venue.

**IMPORTANT** - The host nation will provide transportation from and to Tallinn International Airport and Tallinn Harbor Passenger Terminal only for CLA, CIMEX and MILCOMP registered participants who are accommodated in the Estonian Academy of Security Sciences (EASS). All other participants heading to downtown Tallinn will have to coordinate their own transport.

**3** - The hotels that host the working sessions of the CIOR, CIOMR, YROW and SYMPOSIUM are located close to one another in the city center. Participants will confirm their arrival and receive a SC19 identification card at registration desk prior to the opening ceremony. Short-Term Guests, Speakers and other members who are not formal participants are not required to report to a reception desk. They are to contact their sponsor for reporting information.

**IMPORTANT** - EROA main reception desk is located at the Radisson BLU Sky Hotel Conference Center. Look for signage or ask facility staff.

## SC19 BADGES

Participants must carry their identification badges with them at all times. The badge will allow access to congress events and areas. Guests are responsible for the security of their own belongings.

CIOR  
YROW

CIOMR  
MILCOMP

CISOR  
CIMEX

CLA  
DAL

## DRESS

Opening Ceremony. Class A service uniform. This includes a jacket, tie and medals. It does not include higher-order ceremonial items such as swords. This is an appropriate walking-out dress.

Routine Activities – Tallinn. Class A service uniform or short sleeved collared shirt with ribbons, no tie. This is an appropriate walking-out dress. Combat uniform will be used only for participating on VP Shooting Competition and Milcomp visit.

President's and Gala Dinners. Military mess dress. These include a formal dinner jacket with bow tie, ceremonial trousers, dress, or kilt. If a participant does not possess a formal dinner jacket and ceremonial trousers, service dress with white shirt, bow tie, and ribbons on the jacket is appropriate. This is an appropriate walking-out dress.

## POINTS OF CONTACT

Participants are encouraged to contact their national or committee representatives for further information or clarification. If required, queries can be addressed by using the general queries e-mail [sc19@erok.ee](mailto:sc19@erok.ee)

## Radisson BLU Sky Hotel

The hotel is located at **Rävala Puiestee 3** and will be the main venue for most events and meetings. Participants of the following organisations, committees and working groups will use this site as their reception and working location:

- (a) CIOR Executive Council (EXEC) - HANSA;
- (b) CIOMR events (CIOMR) – St PETERSBURG/LÜBECK/ROTTERDAM;
- (c) Defence and Security Committee (DEFSEC) - BREMENHAVEN;
- (d) Legal Affairs Committee (LC) - CUXHAVEN;
- (e) Partnership for Peace and Outreach Committee (PfP&O) - KIEL;
- (f) Winter Seminar Committee (WSC) - KLAIPEDA;
- (g) Symposium Working Group (SWG) - KLAIPEDA;
- (h) Public Affairs Committee (PC) - TURKU;
- (i) Language Academy Committee (CLA) - HAMBURG;
- (j) EROA logistics center and SC19 registration desk (EROA) – BRAIN BOX;
- (k) Delegate at Large (DAL)/Observers



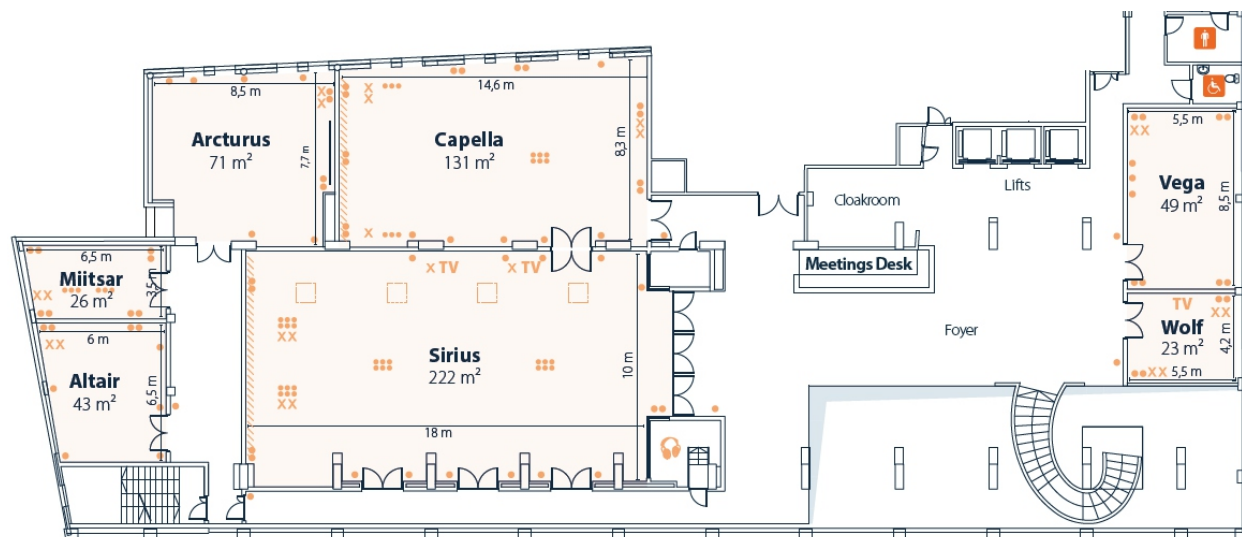
## Swissotel Tallinn

CIOR Symposium will be held in Swissotel Conference Center, located at Tornimäe 3. Symposium lecturers and SC19 guests are also accommodated in the same hotel. Swissotel is located approximately 100m from the Radisson BLU Sky Hotel.

## Nordic Hotel Forum

Participants to the Young Reserve Officers Workshop (YROW) will report to and work at Nordic Hotel Forum, located at **Viru Väljak 3**. Participants of the following committees will use this site as their reception and working location:

- (a) Young Reserve Officers Committee (YRO);
- (b) Civil and Military Cooperation Committee (CIMIC) - ARCTURUS.



## 4 - Estonian Academy of Security Sciences (EASS)

CLA, CIMEX, MILCOMP accommodation will be organized at the EASS ([www.sisekaitse.ee/en/eass-home](http://www.sisekaitse.ee/en/eass-home)), Kase 61, Tallinn. EASS is located in Tallinn Pirita district and distance from the city center is max 20 minutes by public bus no 5. The host nation will provide transportations from and to Tallinn International Airport and Tallinn Harbor Passenger Terminal (the cost of the service is included in the registration fee).

EROA reception desk in EASS is located at the Academy main gate (Kase street). Look for signage or ask facility staff.



- 1 - Study building
- 4.1 - CIMEX Dormitory
- 4.2 - MILCOMP Dormitory
- 4.3 - CLA Dormitory



## SOCIAL ACTIVITIES

**5 - The Opening Ceremony** at the Maarjamäe memorial Estonian's Victims of Communism on August 4th is open to all SC19 participants and accompanying person.

Estonia lost every fifth person of its population of slightly over a million as a consequence of the terror imposed by the occupying regime. The people and nation of Estonia established the Memorial in 2018 in memory of Estonia's victims of communism.



**5 - The Estonian National Evening** will be held at the Maarjamäe Museum following the Opening Ceremony on August 4th and is open to all registered participants. The cost is covered by conference fees paid during registration. Outdoor bars with an additional drink selection are open.

Estonian History Center  
Outdoor exhibition of Soviet  
Monuments



**6 - Presidential Dinner** President of CIOR gathering heads of delegation and invited guests. The dinner will take place at the Kadrioru Palace on August 6th. Invited participants must confirm their attendance in advance and accompanying persons should buy extra ticket on the SC19 website using the DAL registration fee link.

Small tsars' palace in the style of Roman Baroque, planned after the model of Versailles according to the wishes of the Russian ruler Peter 1st.





**3 - Symposium.** All participants of the SC19, except for MILCOMP, will attend the Symposium on August 7<sup>th</sup> at the Swissotel (Tornimäe 3, Tallinn). Refreshments and lunch buffet will be provided onsite. The cost is covered by conference fees paid during registration. The Symposium will be open to external delegations by purchasing a separate ticket from the SC19 website.



Welcome to Swissotel, where the spirit of vitality makes every meeting memorable.

**7 - Closing Ceremony and Gala Dinner** will occur simultaneously on August 9<sup>th</sup> at the Seaplane Harbour Museum in Tallinn and are open to all registered participants. The cost is covered by conference fees paid during registration. Accompanying persons should buy extra ticket on the SC19 website using the DAL registration fee link. Outdoor bars with an additional drink selection are open.



Seaplane Harbour hall tells you the story about Estonian maritime history.

<https://www.visittallinn.ee/eng/visitor/discover/articles-guides/must-see>





## SUMMER CONGRESS 2019 SCHEDULE

Saturday July 20<sup>th</sup>

CLA      ORG ARRIVAL

Sunday July 21<sup>st</sup>

Registration desk will be open:

At EASS      15.00 - 18.00

CLA      ARRIVAL

Monday July 22<sup>nd</sup> to Thursday August 1<sup>st</sup>

CLA      LANGUAGE CLASSES AND ACADEMY PROGRAM

Friday August 2<sup>nd</sup>

CLA      LANGUAGE CLASSES AND STANAG EXAMS

CIMEX      ORG ARRIVAL

YROW      ORG ARRIVAL

MILCOMP      ORG ARRIVAL

Saturday August 3<sup>rd</sup>

Registration desk will be open:

At EASS      15.00 - 18.00

At Nordic Forum Hotel      20.00 - 21.00

CLA      CRADUATING CEREMONY (13.00 at EASS)

CIMEX      ARRIVAL (Welcome & Ice Breaker Event)

YROW      ARRIVAL (coming together)

MILCOMP      ARRIVAL (preliminary meeting, weapons training, Ice Breaker)

CIOR      ORG ARRIVAL

CIOMR      ORG ARRIVAL

Sunday August 4<sup>th</sup>

Registration desk will be open:

At Radisson BLU Sky      12.00 - 16.00

CLA      DEPARTURE

CIMEX      WORKING SESSIONS (CIMEX program)

YROW      WORKING SESSIONS (Country Briefs)

MILCOMP      TRAINING (Shoot, Obstacle, MOM)

CIOR      ARRIVAL

CIOMR      ARRIVAL

CISOR      ARRIVAL

DAL      ARRIVAL

ALL      OPENING CEREMONY/NATIONAL EVENING

(Maarjamäe Memorial/Museum)

16.00      Buses leave the hotels (Look for signages)

21.30      Last bus back to hotels





## SUMMER CONGRESS 2019 SCHEDULE

### Monday August 5<sup>th</sup>

Registration desk will be open:  
At Radisson BLU Sky 08.00 – 10.00

CIMEX	WORKING SESSIONS
YROW	WORKING SESSIONS (Country Briefs)
MILCOMP	TRAINING (Swim, Official Shoot, Teach CCC)
CIOR	WORKING SESSIONS
CIOMR	WORKING SESSIONS (Host Nation Support)
CISOR	CISOR PROGRAMME
DAL	DAL PROGRAMME

### Tuesday August 6<sup>th</sup>

CIMEX	WORKING SESSIONS/DEPARTURE
YROW	WORKING SESSIONS
MILCOMP	COMPETITION (Shoot Comp, Train MOM)
CIOR	WORKING SESSIONS
CIOMR	WORKING SESSIONS (HospEx in a Box)
CISOR	CISOR PROGRAMME
DAL	DAL PROGRAMME

Invitations	CIOR/CIOMR PRESIDENTIAL DINNER (Kadriorg Palace)
	18.30 Buses leave the hotels (Look for signages)
	22.30 Last bus back to hotels

### Wednesday August 7<sup>th</sup>

Registration desk will be open:  
At Swissotel 08.15 – 08.45

CIMEX	SYMPOSIUM/DEPARTURE
YROW	SYMPOSIUM
MILCOMP	COMPETITION (Swim Comp, Obstacle Comp)
CIOR	SYMPOSIUM
CIOMR	WORKING SESSIONS (Rehabilitation Medicine Program)
CISOR	SYMPOSIUM
DAL	SYMPOSIUM
BSC	SYMPOSIUM

### Thursday August 8<sup>th</sup>

YROW	WORKING SESSIONS
MILCOMP	COMPETITION (CCC Comp, MOM Comp, BBQ)
CIOR	VP SHOOTING COMPETITION/WORKING SESSIONS
CIOMR	WORKING SESSIONS (Scientific Session, Free Paper Session)
CISOR	DEPARTURE
DAL	DAL PROGRAMME



## SUMMER CONGRESS 2019 SCHEDULE

### Friday August 9<sup>th</sup>

YROW	WORKING SESSIONS
MILCOMP	LOAC Test; CRADUATING CEREMONY (14.00 at EASS)
CIOR	WORKING SESSIONS
CIOMR	WORKING SESSIONS (CIOMR Executive Council)
DAL	FREE TIME

ALL	CLOSING CEREMONY (Seaplane Harbour)
19.00	Buses leave the hotels (Look for signages)
23.00	Last bus back to hotels

### Saturday August 10<sup>th</sup>

YROW	DEPARTURE
MILCOMP	DEPARTURE
CIOR	DEPARTURE
CIOMR	DEPARTURE
DAL	DEPARTURE



## CIOR/CIOMR SC19 VP SHOOTING COMPETITION

8 AUG 2019 VP participants are invited to take place SC19 VP SHOOTING COMPETITION. The aim of this event is to introduce the SC19 participants Defence League Männiku Shooting Range, where during the SC19 the MILCOMP event took place. Also is a great opportunity for delegates to practice military skills in friendly environment.

Registration must be made in the CIOR Council meeting room no later than 6 AUG at 14.00. No more than three representatives from the official delegation of each participating country (maximum 60 participants), led by national VP or ASG.

### **Competition:**

Consists from two different shooting disciplines (same as MILCOMP).

- Rifle 7,62 mm: 200m prone, 5 shots training (5min), 9 shots competition (5min) and rapid fire 9 shots (1min). The rifle belt allowed.
- Duty Pistol 9mm: 25m, 5 shots training (3min), 4+5 shots competition (5+5min) and rapid fire 9 shots (35sec).

Rifle and pistol will be shot to electronic targets.

Ear and eye protection will be provided.

Use BDU or comfortable civil clothes.

### **Awarding (medal of special edition):**

- 3 best of rifle,
- 3 best of pistol,
- 3 best overall.

### **Log support:**

Transport from Radisson SKY Blu will be provided at 15.00

Transport back to the hotel will be provided after the end of the competition.

Toomas Luman  
Lieutenant Colonel  
CIOR Vice-President

Kaupo Kiis  
Lieutenant Colonel  
ISSF Rifle and Pistol Judge

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SILBERAUTO

